

# Expressions

September 2023



# From The Editors Desk

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As we sit down to reflect on the myriad issues, stories, and ideas that have graced our pages recently, we are struck by the ever-changing landscape that surrounds us. The world is in constant flux, and as editors, it is our duty to not only observe but to distill and convey these shifts to our readership. In an era defined by rapid technological advancements, socio-political upheavals, and environmental challenges, the role of the editor becomes more critical than ever. We are the curators of information, tasked with sifting through the vast sea of data to bring forth what is most pertinent, most compelling, and most illuminating.

The power of the written word cannot be underestimated. It has the capacity to shape opinions, to ignite discussions, and to drive change. It is incumbent upon us to wield this power responsibly, to present a balanced and nuanced view of the world, and to amplify voices that may otherwise be drowned out in the cacophony of the digital age.

Yet, with this power comes great responsibility. We must guard against the temptations of sensationalism and clickbait, resisting the urge to prioritize virality over veracity. Our duty is to inform, not to incite, and to do so with the utmost integrity and respect for the truth.

As we embark on this journey together, dear readers, I invite you to join us in this pursuit of knowledge and understanding. Engage with the stories we present, challenge our perspectives, and contribute your own voices to the discourse. Together, we can navigate the currents of change, charting a course towards a more informed, enlightened, and compassionate world. In the end, it is through the collective efforts of editors, writers, and readers alike that we can hope to make sense of the ever-shifting landscape before us. Let us embrace this challenge with open minds and steadfast hearts, knowing that through our shared commitment to truth and knowledge, we can illuminate even the darkest corners of our world.

# Teachers Day



The students of Kasiga arranged a wonderful programme for their devoted teachers in honour of Teachers Day. With their fantastic performance, students stormed the stage and gave the educators some incredible honours.



Besides honouring their academic teachers, the students also recognised the pastoral, school administration, and all other support staff members who assist them in their boarding experiences. This was a truly admirable effort on their part to express their gratitude to their educators.



# Geeta Path Competition

Kasiga School proudly hosted the Geeta Path Competition on September 6, 2023, a prestigious event that drew participation from 15 prominent schools across the region. The event, a celebration of spiritual wisdom and cultural heritage, welcomed Dr. Savita Mohan, the Ex-Director of Higher Education, Government of Uttarakhand, as the esteemed chief guest.

The Geeta Path Competition, a platform for young scholars to delve into the profound teachings of the Bhagavad Gita and recite the shlokas from Bhagavad Gita, was a testament to the enduring relevance of ancient wisdom in today's world. Participants from various schools demonstrated their dedication and understanding of the sacred scripture, making it a memorable event for all attendees.



The judging panel for the competition comprised distinguished scholars of Sanskrit Department from the state

Dr. Ram Vinay Singh, Dr. Indira Jugran and Dr. Poonam Pathak. These erudite scholars brought their deep expertise in Sanskrit and the Bhagavad Gita to evaluate the participants' performances. Their presence added immense value to the competition, ensuring that the highest standards of scholarship and interpretation were upheld throughout.

The Geeta Path Competition was a resounding success, not only for the participants but also for the broader community, emphasizing the importance of preserving and promoting our rich cultural heritage.

The winners of Geeta Path Competition 2023 were:  
First Place: Welham Girls' School and Doon Blossom School

Second Place: Kasiga School

Third Place: Doon International School (DIS) and DAV Public School

Moreover, the consolation prizes were bagged by New Doon Blossom and Tons Bridge School.

These outstanding schools have shown exceptional dedication to the study and recitation of the Bhagavad Gita, and we congratulate them for their remarkable achievements.



# Milestone 2023

Our school participated in 'Milestone', an inter-school event held by St. George's Mussoorie. There were different categories that we participated in and students got to go out of their way in order to win. Everyone that participated showed their dedication for winning. Their tireless efforts got the teachers motivated more than ever in bringing forward the best.



# Achievements!!!



Kasiga School students participated in the Inter-School Swimming Competition at Wynberg-Allen School, Mussoorie and brought laurels to the school.

In the Sub Junior category Anurak Sony of Grade 5 won 2 golds and 1 silver medal and was adjudged the champion in his category.

In Intermediate category Arnavman of Grade 9 won 2 bronze medals. Sambuddha De of Grade 9 won 1 gold and 2 silver medals.

Pannawit of grade 10 won 1 gold and 1 bronze medal.

Sambuddha was adjudged the runner up of Intermediate category.

Harsh Yadav of Grade 11 won 3 bronze medals.

School Relay team won 1 bronze and 1 silver medal in Intermediate category and 2 bronze medals in Senior category.

Many Congratulations to the students, we are proud of you.

We would also like to thank Mr.Piyush our coach who worked tirelessly with them to achieve these milestone.

## Winning in just inter-school competitions is what we are used to now, the students are winning in National Games

It gives us immense pleasure to announce that Kasiga School students competed in swimming events during the ISSO National Games 2023–24 from September 13–September 15, held at Prometheus School, Noida. Harsh Yadav of AS level won a bronze medal in the 200m individual medley in the U19 category, while Pannawit of Grade X C won two bronze medals in the 400m and 200m freestyle in the U19 category. Besides these two, Anurak Sony of Grade V, Nandini of Grade VII, and Arnavman of grade IX C also participated in their respective categories. It was a great learning experience for the students to get to participate in a national setting among some of the best swimmers from international schools.



It does not stop here,  
there is more to it



We're thrilled to announce that our talented 9th-grade student, Harsh Kumar, has clinched the Silver Medal in the Uttarakhand State Athletics Championship with a phenomenal performance of 13.35 meters in Shot Put!



# Editorial Board

## Editors - in - Chief

Aarna Agarwal

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## Teachers In Charge

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ASIGA SCHOOL

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